

Nordic Championship Masters
 Norsk Mesterskap Masters
 Timetable Sunday February 16th



ver.4

	High Jump 1	Long Jump Pit 1	Long Jump Pit 2	Standing High Jump	Pole Vault	Track events				
			Standing Long Jump							
10:00		men 35-49	women 45-59			10:00				
						10:05	60m Hurdles	women 40-44	women 45-49	women 50-54
						10:13	60m Hurdles	women 60+		
						10:18	60m Hurdles	men 80-84	men 85-89	men 90-94
						10:26	60m Hurdles	men 70-74	men 75-79	
						10:34	60m Hurdles	men 65-69		
						10:43	60m Hurdles	men 60-64		
10:45				men 70-94		10:45				
						10:52	60m Hurdles	men 50-54	men 55-59	
10:55		men 50-54	women 60-84			10:55				
11:00						11:00	60m Hurdles	men 35-39	men 40-44	men 45-49
						11:15	400m	women 45-49		
						11:20	400m	women 50-54		
						11:25	400m	women 35-39	women 40-44	
11:30	Women 40-54					11:30	400m	women 55-59		
						11:35	400m	women 75-79	women 80-84	
						11:40	400m	men 35-39	men 40-44	
						11:45	400m	men 55-59		
11:50				men 35-49		11:50				
11:52						11:52	400m	men 60-64		
11:54			Long Jump			11:54				
11:55			men 80-84			11:55				
12:00						12:00	400m	women 60-64		
12:02		men 55-64				12:02				
						12:05	400m	women 65-69		
						12:10	400m	men 50-54		
						12:19	400m	men 65-69		
12:20	Women 55-64					12:20				
12:25					women 45-54	12:25				
						12:32	400m	men 70-74		
						12:36	400m	men 75-79		
12:45				men 60-69		12:45		men 45-49		
						12:49	400m	men 80-84		
						12:54	400m			
12:55			men 65-74			12:55				
13:05						13:05	1500m	women 50-54	women 55-59	
						13:15	1500m	women 60-64	women 65-69	women 80-84
13:20	women 65-74					13:20				
						13:30	1500m	men 35-39	men 40-44	
						13:40	1500m	men 45-49	men 50-54	
13:55			men 75-79			13:55	1500m	women 35-39	women 40-44	women 45-49
14:05				men 50-59		14:05	1500m	men 55-59		
14:15	women 75-84					14:15	1500m	men 60-64		
14:25					women 60-69	14:25	1500m	men 65-69		
14:34			men 85-94			14:34				
						14:35	1500m	men 70-74		
						14:50	1500m	men 75-79	men 80-84	