

Nordic Championship Masters
 Norsk Mesterskap Masters
 Timetable Saturday February 15th



ver.4

	High Jump 1	High Jump 2	Pit 1	Shot Put	Pole Vault	Weight Throw		Track events	
10:00				men 35-49		women 60-64 / 65-69	10:00	10:00 200m	women 35-39
			Standing Long Jump					10:05 200m	women 40-44
10:10			men 80-94				10:10	10:12 200m	women 45-49
								10:19 200m	women 50-54
								10:26 200m	women 55-59
10:30				men 65-69	men 35-54		10:30	10:33 200m	women 60-64
								10:40 200m	women 65-69
								10:47 200m	women 70-74
								10:54 200m	women 75-79
								11:01 200m	women 80-84
11:05			men 75-79			women 50-54 / 55-59	11:04	11:08 200m	men 35-39
								11:13 200m	men 40-44
								11:20 200m	men 55-59
								11:27 200m	men 60-64
11:30		men 70-74					11:30	11:34 200m	men 65-69
11:45				men 55-59			11:45	11:45 200m	men 70-74
								11:54 200m	men 75-79
11:55			men 65-74				11:55		
12:00	men 55-59						12:00		
12:04						women 75-79 / 80-84	12:04		
								12:07 200m	men 80-84
								12:14 200m	men 85-89 men 90-94
								12:20 200m	men 45-49
								12:27 200m	men 50-54
12:30		men 75-79					12:30		
								12:38 3000m	women all ages
12:40				men 50-54			12:40		
12:45			men 60-64				12:45		
						women 35-39, 40-44 45-49, 70-74			
13:00							13:00		
13:01	men 35-49						13:01		
								13:03 3000m	men 70-74 men 75-79 men 80-84
13:29					men 55-69		13:29		
13:30		men 80-84	men 55-59				13:30		
								13:35 3000m	men 60-64 men 65-69
13:50				men 80-84			13:50		
								13:55 3000m	men 45-49 men 50-54 men 55-59
13:56						men 50-54	13:56		
14:15		men 35-49					14:15	14:15 3000m	men 35-39 men 40-44
14:20	men 60-64						14:20		
								14:40 4x200m	men 70-79
								14:45 4x200m	men 80-89
								14:50 4x200m	men 90-99
						men 35-39, 40-44, 45-49, 55-59	14:52		
14:52				men 70-74			14:52		
14:55							14:55	14:55 4x200m	woman 70-79
15:00	men 85-94						15:00	15:00 4x200m	woman 80-89
								15:05 4x200m	woman 90-99
			Long Jump					15:10 4x200m	men 50-59
15:11			women 70-84				15:11		
								15:15 4x200m	men 60-69
								15:20 4x200m	woman 50-59
								15:25 4x200m	woman 60-69
								15:30 4x200m	
						men 80-84, 85-89, 90-94	15:44		
15:44							15:44		
15:45							15:45	15:35 4x200m	men 40-49
			Standing Long Jump	men 75-79				15:40 4x200m	woman 35-39
			men 50-54					15:45 4x200m	woman 40-49
16:00							16:00		
16:10	men 65-69						16:10		
16:29					men 70-89		16:29		
16:36						men 65-69	16:36		
16:40			Long Jump	men 60-64			16:40		
17:01			women 35-54				17:01		
17:35	men 50-54						17:35		
17:36						men 70-74, 75-79	17:36		
17:40				men 85-94			17:40		
17:55			women 55-69				17:55		
18:32						men 60-64	18:32		